

ADAPTING TO YOUR APPLIANCE

It will take you about one week to get used to your new appliance. When your lower jaw is brought forward, your teeth may not fit together as before; this will subside in a few days.

HELPFUL HINTS

• Occasionally, a spring may become disengaged from the rod. If this happens, compress the spring and reinsert the rod (see photo). If you have trouble re-engaging the spring and rod, secure them with floss to your arch wire and call our office to schedule an appointment.



How to reassemble a Forsus appliance at the band



Part "A"

Part "B"

Slide tip of part "A" into part "B"

- If the springs irritate your lip and/or cheek, you may rinse several times a day with warm salt water to help ease the discomfort.
- Tylenol or Motrin may be taken if your teeth become sore.
- Always be careful about what you eat. Avoid hard and sticky foods and be sure to cut your food into small pieces.
- Be sure to visit our website at <u>DrSpillers.com</u> for additional information.
- If you have any questions or concerns, please call our office at (478) 953-2700.



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